

The Core

A Publication of Programs & Activities Sponsored by The Clarke County Parks & Recreation Department for the Spring/Summer 2004



Clarke County
Parks & Recreation

225 Al Smith Circle • Berryville, VA 22611

Phone: 540-955-5140 • Fax: 540-955-4049

email: ccpr@co.clarke.va.us

www.co.clarke.va.us/parks

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THE BENEFITS ARE ENDLESS...™

Our Mission Statement:

"Provide quality, wholesome recreational opportunities for all citizens of Clarke County."





Aquatics

We are pleased to offer a wide variety of aquatic classes for individuals of all ages. Through this section you will find "Learn to Swim Program," Water Safety Training courses, Scuba Diving, Swim Team and water exercise programs.

The "Learn to Swim" classes, Levels 1-6, are taught by certified American Red Cross instructors and follow the American Red Cross standards. American Red Cross Water Safety Aides, under the supervision of the Water Safety Instructors, teach the younger age level "Learn to Swim" classes.

All "Learn to Swim" classes are scheduled for eight, 30-minute lessons and are \$32.00. Classes are held Monday-Thursday. Fridays are scheduled as make up days. There are four, two-week sessions to choose from.

NO REGISTRATION WILL BE ACCEPTED AFTER 5 PM ON THE FRIDAY PRIOR TO THE FIRST CLASS OF EACH SESSION.

Session 1	June 14 - June 25
Session 2	June 28 - July 9
Session 3	July 12 - July 23
Session 4	July 26 - August 6

Students will be screened the first day of class for proper class placement. Adjustments may be necessary for proper skill development. If your child has participated in a CCPR aquatic class before and you are unsure where to register your child, please call us and we will help you register for the proper level. **Please be certain that you register for the proper class, session and time. Persons wishing to transfer classes because of a change in their schedule will be assessed a \$5.00 transfer fee for each class transfer. Transfers made at the request of the CCPR Department are exempt from the \$5.00 transfer fee.**


2004 Swimming Pool Operating Schedule

JUNE						
S	M	T	W	T	F	S
						5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

JULY						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

AUGUST/SEPTEMBER						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4
5	6					

 12 noon - 6 pm

 12 noon - 8 pm

 Pool Closed

ADMISSION FEES:

GENERAL ADMISSION

	Base Rate	Clarke Co. Discount*
Child/2 & under with paying adult	FREE	FREE
Child/3-5	\$2.25	\$1.25
Youth/6-15		\$2.75
Adult/16-59		\$3.75
Senior Citizen/60+	\$2.25	\$1.25

DISCOUNT PASSES (20 admissions)

	n/a	n/a
Child/2 & under with paying adult	n/a	n/a
Child/3-5	\$35.00	\$15.00
Youth/6-15		\$45.00
Adult/16-59		\$65.00
Senior Citizen/60+	\$35.00	\$15.00

*The Pool will be open on July 4th from 12 Noon until after the fireworks at the Fairgrounds end.

LAST HOUR DISCOUNT

50% reduction of admission fee

GROUP RATES

20 or more
20% discount
(pre-arranged)

*Must have proof of Clarke County residency.

The Swimming Pool is available for rental on Friday, Saturday, and Sunday evenings. Call the park at (540) 955-5140 for more information.

Clarke County Parks & Recreation Summer Swim Team Tryouts

ACTIVITY #	DAY/DATE	TIME	AGE	ELIGIBILITY REQUIREMENTS
350109A	Wed., 6/9	5:30-6:00 PM	8 and under	<ul style="list-style-type: none"> • Must be able to swim 25 meters continuously with one legal stroke. • Must be comfortable in deep water.
350109B	Wed., 6/9	6:00-6:30 PM	9-10	<ul style="list-style-type: none"> • Must be able to swim 50 meters continuously with one legal stroke. • Must be able to perform shallow dives. • Must be comfortable in deep water.
350109C	Wed., 6/9	6:30-7:00 PM	11-12	<ul style="list-style-type: none"> • Must be able to swim 75 meters continuously with one legal stroke. • Must be able to perform shallow dives. • Must be comfortable in deep water.
350109D	Wed., 6/9	7:00-7:30 PM	13 & up	<ul style="list-style-type: none"> • Must be able to swim 100 meters continuously with one legal stroke. • Must be able to perform shallow dives. • Must be comfortable in deep water.

Practice will begin June 14, 2004. The season will end approximately August 1, 2004. Practice will be Monday-Friday 8:00-9:00 AM for participants 13 and over. Practice will be Monday-Friday 9:00-9:45 AM for participants 12 and under. Participants will compete in five local and one regional meet. Meets are generally held on Saturday mornings. **Fee is \$50.00.**



Guidelines for Placement in Learn-to-Swim Classes

If you have questions regarding the proper class for you or your child, please call the Clarke County Parks & Recreation Department for a consultation or free screening.

PLEASE NOTE: It is usual for students to participate in a level several times before progressing to the next level.

TO ENROLL IN:		PARTICIPANTS NEED TO:	OBJECTIVES:
STARFISH Parent & Infant (Ages 6 – 18 mo) Parent & Toddler (Ages 18 – 36 mo)		<ul style="list-style-type: none"> Have one or two adult participants Wear snug fitting plastic pants and swim diapers under swim suit-no disposable or cloth diapers 	<ul style="list-style-type: none"> Water adjustment and personal safety Basic water skills Fun
TURTLE Preschool (Ages 3 – 5)		<ul style="list-style-type: none"> Function well in a group setting 	<ul style="list-style-type: none"> Comfort and safety in the water Elementary aquatic skills Fully submerge face for 3 seconds Float and kick on front, with support Float and kick on back, with support
FROG Preschool (Ages 3 – 5)		<ul style="list-style-type: none"> Fully submerge head for 3 seconds Swim on front, 5 yards with support Swim on back, 5 yards with support 	<ul style="list-style-type: none"> Glide and kick on front and back Begin to develop locomotion skills Rhythmic breathing
OCTOPUS Preschool (Ages 4 – 6)		<ul style="list-style-type: none"> Submerge and swim underwater for 3 seconds Swim on front, 5 yards Swim on back, 5 yards 	<ul style="list-style-type: none"> Coordinate front crawl and back crawl Introduce elementary backstroke arms Introduce rotary breathing Treading water & diving
AMERICAN RED CROSS COURSES	LEVEL 1 WATER EXPLORATION (Ages 6 – 15)	<ul style="list-style-type: none"> Function well in a group setting 	<ul style="list-style-type: none"> Comfort and safety in the water Elementary aquatic skills Treading water & diving
	LEVEL 2 PRIMARY SKILLS (Ages 6 – 15)	<ul style="list-style-type: none"> Fully submerge face for 3 seconds Float and kick on front, with support Float and kick on back, with support 	<ul style="list-style-type: none"> Add to self-help and basic rescue skills Begin to develop locomotion skills
	LEVEL 3 STROKE READINESS (Ages 6 – 15)	<ul style="list-style-type: none"> Submerge and swim underwater for 3 seconds Swim on front, 5 yds Swim on back, 5 yds 	<ul style="list-style-type: none"> Coordinate front crawl and back crawl Introduce elementary backstroke Introduce treading water
	LEVEL 4 STROKE DEVELOPMENT (Ages 6 – 15)	<ul style="list-style-type: none"> Dive from side of pool Front crawl, 10 yds Back crawl, 10 yds Elementary backstroke kick, 10 yds 	<ul style="list-style-type: none"> Improve strokes learned so far Introduce breaststroke and sidestroke Introduce wall turns
	LEVEL 5 STROKE REFINEMENT (Ages 6 – 15)	<ul style="list-style-type: none"> Standing front dive from side of pool Front crawl with rotary breathing, 25 yds Back crawl, 25 yds Elementary backstroke, 10 yds Scissors and breaststroke kick, 10 yds 	<ul style="list-style-type: none"> Tread water, 2 minutes Refine key strokes Introduce butterfly Introduce open turns, feet-first surface dive and springboard diving
	LEVEL 6 SKILL PROFICIENCY (Ages 6 – 15)	<ul style="list-style-type: none"> Springboard dive Front and back crawl, 50 yds each Breaststroke and sidestroke, 10 yds ea. Elementary backstroke, 25 yds Swim underwater, 10 yds 	<ul style="list-style-type: none"> Improve strokes for more ease, efficiency, power, and smoothness over greater distance Introduce additional turns Introduce pike and tuck surface dives



PLEASE NOTE: REGISTRATIONS WILL NOT BE ACCEPTED AFTER 5:00 PM ON THE FRIDAY PRIOR TO THE FIRST CLASS OF EACH SESSION.

Registration for Sessions 1 & 2 begins April 14 for county residents and April 16 for non-county residents.

Registration for Sessions 3 & 4 begins June 28 for county residents and June 30 for non-county residents.

Please specify which session you want your child enrolled in when registering.

All "Learn To Swim" Classes are \$32.00

"Learn to Swim" Class Schedule

Course	Activity #	Age	Days	Session 1 6/14-6/25	Session 2 6/28-7/9	Session 3 7/12-7/23	Session 4 7/26-8/6
Starfish	310101A	6mo-3yrs	Mon-Thurs	10:35 AM	10:35 AM	10:35 AM	10:35 AM
	310101B	6mo-3yrs	Mon-Thurs	11:10 AM	11:10 AM	11:10 AM	11:10 AM
	310101C	6mo-3yrs	Mon-Thurs	5:35 PM	5:35 PM	5:35 PM	5:35 PM
	310101D	6mo-3yrs	Mon-Thurs	6:10 PM	6:10 PM	6:10 PM	6:10 PM
Turtle	310102A	3-5 yrs	Mon-Thurs	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	310102B	3-5 yrs	Mon-Thurs	10:35 AM	10:35 AM	10:35 AM	10:35 AM
	310102C	3-5 yrs	Mon-Thurs	11:10 AM	11:10 AM	11:10 AM	11:10 AM
	310102D	3-5 yrs	Mon-Thurs	5:00 PM	5:00 PM	5:00 PM	5:00 PM
	310102E	3-5 yrs	Mon-Thurs	6:45 PM	6:45 PM	6:45 PM	6:45 PM
Frog	310103A	3-5 yrs	Mon-Thurs	10:35 AM	10:35 AM	10:35 AM	10:35 AM
	310103B	3-5 yrs	Mon-Thurs	11:10 AM	11:10 AM	11:10 AM	11:10 AM
	310103C	3-5 yrs	Mon-Thurs	5:00 PM	5:00 PM	5:00 PM	5:00 PM
	310103D	3-5 yrs	Mon-Thurs	6:10 PM	6:10 PM	6:10 PM	6:10 PM
Octopus	350101A	4-6 yrs	Mon-Thurs	10:35 AM	10:35 AM	10:35 AM	10:35 AM
	350101B	4-6 yrs	Mon-Thurs	11:10 AM	11:10 AM	11:10 AM	11:10 AM
	350101C	4-6 yrs	Mon-Thurs	5:00 PM	5:00 PM	5:00 PM	5:00 PM
	350101D	4-6 yrs	Mon-Thurs	6:45 PM	6:45 PM	6:45 PM	6:45 PM
Level 1	350108A	6-15 yrs	Mon-Thurs	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	350108B	6-15 yrs	Mon-Thurs	11:10 AM	11:10 AM	11:10 AM	11:10 AM
	350108C	6-15 yrs	Mon-Thurs	5:35 PM	5:35 PM	5:35 PM	5:35 PM
	350108D	6-15 yrs	Mon-Thurs	6:10 PM	6:10 PM	6:10 PM	6:10 PM
Level 2	350102A	6-15 yrs	Mon-Thurs	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	350102B	6-15 yrs	Mon-Thurs	10:35 AM	10:35 AM	10:35 AM	10:35 AM
	350102C	6-15 yrs	Mon-Thurs	5:35 PM	5:35 PM	5:35 PM	5:35 PM
	350102D	6-15 yrs	Mon-Thurs	6:45 PM	6:45 PM	6:45 PM	6:45 PM
Level 3	350103A	6-15 yrs	Mon-Thurs	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	350103B	6-15 yrs	Mon-Thurs	11:10 AM	11:10 AM	11:10 AM	11:10 AM
	350103C	6-15 yrs	Mon-Thurs	5:00 PM	5:00 PM	5:00 PM	5:00 PM
	350103D	6-15 yrs	Mon-Thurs	6:10 PM	6:10 PM	6:10 PM	6:10 PM
Level 4	350104A	6-15 yrs	Mon-Thurs	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	350104B	6-15 yrs	Mon-Thurs	11:10 AM	11:10 AM	11:10 AM	11:10 AM
	350104C	6-15 yrs	Mon-Thurs	5:35 PM	5:35 PM	5:35 PM	5:35 PM
	350104D	6-15 yrs	Mon-Thurs	6:45 PM	6:45 PM	6:45 PM	6:45 PM
Level 5	350105A	6-15 yrs	Mon-Thurs	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	350105B	6-15 yrs	Mon-Thurs	10:35 AM	10:35 AM	10:35 AM	10:35 AM
	350105C	6-15 yrs	Mon-Thurs	5:00 PM	5:00 PM	5:00 PM	5:00 PM
	350105D	6-15 yrs	Mon-Thurs	6:45 PM	6:45 PM	6:45 PM	6:45 PM
Level 6	350106A	6-15 yrs	Mon-Thurs	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	350106B	6-15 yrs	Mon-Thurs	10:35 AM	10:35 AM	10:35 AM	10:35 AM
	350106C	6-15 yrs	Mon-Thurs	5:35 PM	5:35 PM	5:35 PM	5:35 PM
	350106D	6-15 yrs	Mon-Thurs	6:45 PM	6:45 PM	6:45 PM	6:45 PM

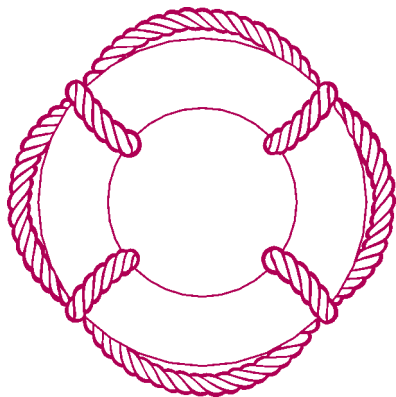
Private Swim Lessons: (Activity #: 350115A) are available during regular operating hours. The cost for a half-hour private lesson is \$15.00. Lessons can be scheduled by calling the pool at 955-5158 or by speaking with a manager at the pool.

Water Safety Training

Water Safety Instructor

Activity #: 350111A
 Age: 16+
 Day: Monday-Friday
 Date: 6/1-6/16
 Time: 4:30-9:30 PM
 Fee: \$200.00
 Instructor: Laurie Harrell

This course will certify individuals to teach all levels of the American Red Cross "Learn to Swim" Program, the Community Water Safety and the Water Safety Instructor Aide course. The Fundamentals of Instructor Training course will be included in the class content. Attendance at all classes is required. **NOTE: Schedule is subject to change. Enrolled participants will be notified of any schedule changes in May. 12 classes.**



Water Safety Aide

Activity #: 3501112A
 Age: 15+
 Day: Monday-Wednesday
 Date: 6/14-6/16
 Time: 4:30-9:30 PM
 Fee: \$40.00
 Instructor: Laurie Harrell

This course is designed to provide training and knowledge for those who want to assist in teaching swimming and water safety courses. **NOTE: Schedule is subject to change. Enrolled participants will be notified of any schedule changes in May. 3 classes.**



Lifeguarding Today

Activity #: 350113A
 Age: 15+
 Day: Date: Time:
 Sat 6/5 11:00 AM-12:00 PM
 Sat 6/5 12:30-7:30 PM
 Sun 6/6 9:00 AM-5:00 PM
 Mon-Fri 6/7-6/11 4:30-8:30 PM
 Fee: \$175.00
 Instructor: Carol Marshall

Pre-requisite: Must be 15 years of age by the first day of class. On June 5 participants must be able to swim continuously for 500 yards, tread water for two minutes and surface dive into deep water to retrieve a block.

This course teaches the fundamental skills to become an American Red Cross certified lifeguard. Attendance at all classes is required. Participants successfully completing this course may be eligible for summer employment at the pool. 7 classes.

Professional Rescuer CPR: Review and Update

Activity #: Day: Date: Time:
 350114A Thurs 5/6 5:30-9:00 PM
 350114B Fri 5/7 5:30-9:00 PM
 350114C Sat 5/8 9:00 AM-12:30 PM
 Age: 15+
 Fee: \$15.00
 Instructor: Carol Marshall

This class is designed for individuals who are **currently** certified in CPR for the Professional Rescuer. Training videos and skills will be reviewed with participants prior to testing. 1 class.

WaterExercise

Deep Water Aquacise

Activity #: Date:
 340109A 6/14-6/30
 340109B 7/5-7/21
 Age: 18+
 Day: Monday & Wednesday
 Time: 10:30-11:30 AM
 Fee: \$30.00
 Instructor: Jane Johnston

Enjoy the benefits of aerobic exercise in a totally non-impact environment. The natural resistance and buoyancy of the deep water will enable participants to improve endurance, strength, flexibility and muscle tone. **Participants must be comfortable in deep water.** Floatation devices will be provided. 6 classes.

Shallow Water Aquacise

Activity #: Date:
 340110A 6/14-6/30
 340110B 7/5-7/21
 Age: 18+
 Day: Monday & Wednesday
 Time: 7:30-8:15 PM
 Fee: \$30.00
 Instructor: Jane Johnston

This water exercise program is designed to improve participant's endurance, strength, flexibility and muscle tone. Beginners and advanced fitness levels are welcome. No swimming ability is needed. 6 classes.

Scuba Diving

Making Bubbles in the Pool

Remember when you enjoyed blowing bubbles in your milk? Well, now you can try it in the swimming pool! Scubaventures Dive Center will be hosting Bubblemaker sessions for people interested in learning more about scuba diving. Sessions are designed for participants 8 years and older. Classes will be held on July 17, 31 and August 7 from 12:00-2:00 PM. Participants can attend one or all three. Cost is general admission to the pool.

PADI Open Water Diver Certification

Do you want to learn the fundamentals of scuba diving, including dive equipment and techniques? The certification you will receive upon successful completion of this course is recognized worldwide. This course is taught through Scubaventures Dive Center in Winchester. The first class will meet August 9 at the Dive Center from 6:30-9:00 PM. The remainder of the classes will meet at the Clarke County Pool on August 13, 16, 20, and 23 from 5:30-9:00 PM. **Registration deadline is August 1.** For more information and to register, call the Dive Center at (540) 667-6299.



Arts & Crafts

Apple Valley Needle Threaders

Activity #: Date:
 340201A 5/13
 340201B 6/10
 340201C 7/8
 Age: 18+
 Day: Thursday
 Time: 9:30-11:30 AM
 Fee: \$1.00 per visit

This quilting club is open to quilters of all skill levels. Planned monthly programs, presentations and socializing with others who share a love of quilting make this club a wonderful way to spend a few hours each month. You're invited to attend. 1 meeting.

Children's Pottery

Activity #: Date:
 320201 5/4-5/25
 320202 6/8-6/29
 Age: 6-12
 Day: Tuesday
 Time: 3:30-4:30 PM (code A)
 4:30-5:30 PM (code B)
 Fee: \$30.00
 Instructor: Aurelie Schmid

Children will learn basic pottery techniques while socializing with others. A new project will be introduced each week. Parents are welcome to attend these classes with their child and participate for an additional supply fee of \$12.00. 4 classes.

Creative Calligraphy

Activity #: 340209A
 Age: 16+
 Date: 6/2-7/7
 Day: Wednesday
 Time: 7:00-9:00 PM
 Fee: \$30.00
 Instructor: Rick Pennington

Participants will learn to write in italic style calligraphy lettering. Letter formation, numbers and punctuation will be practiced. Tools, inks and papers used in calligraphy will be discussed. Participants need to bring their own supplies. A list will be available upon registration. 6 classes.

Gifts from the Garden

Activity #: 320512A
 Age: 8-12
 Day: Monday-Friday
 Date: 6/14-6/18
 Time: 10:00AM-12:00 PM
 Fee: \$45.00
 Instructor: Rose Fairman

Is your child a budding gardener? If so, this is their opportunity to develop a green thumb. Participants will learn about plants, bugs, and gardening through various projects. 5 classes.

Children's Cooking

Activity #: 340602A
 Age: 9-12
 Day: Monday-Thursday
 Date: 6/21-6/24
 Time: 10:00 AM-12:30 PM
 Fee: \$56.00
 Instructor: Debbie Berg
 Location: Millwood Community Center

This is the perfect opportunity for children to learn basic cooking skills through trial and tasting! Participants will learn about cooking, nutrition, menu planning, and kitchen safety through hands-on preparation of a variety of delicious foods. 4 classes.

SCRAPBOOKING

Cropper's Club

Activity #: Date:
 350214A 5/21
 350214B 6/25
 350214C 7/23
 Age: 10+
 Day: Friday
 Time: 5:30-9:00 PM
 Fee: \$10.00
 Instructor: Carol Marshall

Learn how to scrapbook or simply work on a current project. Creative Memories cropping tools will be available to assist you in your page design. New and experienced scrapbookers welcome. 1 class.

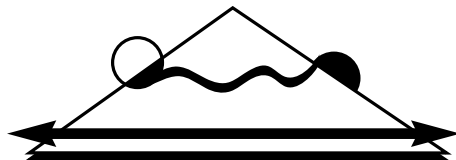
Creating a Scrapbook

Activity #: 350214D
 Age: 10-14
 Day: Wednesday-Friday
 Date: 6/23-6/25
 Time: 10:00 AM-12:00 PM
 Fee: \$10.00, plus a \$50.00 materials fee payable to the instructor.
 Instructor: Carol Marshall

Participants will learn basic scrapbooking techniques while completing a 7x7 album. Participants should bring their own photographs. 3 classes.



Art Classes



Studio East & West Art Classes

Co-Sponsored by

Clarke County Parks & Recreation

Advanced Watercolors

Activity #: 350201A
Age: 16+
Day: Monday
Date: 4/19-5/24
Time: 10:00 AM-12:00 PM
Fee: \$60.00 plus a \$10.00 materials fee payable to the instructor.
Instructor: Gale Bowman-Harlow
Location: Studio East (109 1st Street)

Participants need to bring their ideas to paint. The instructor will introduce new techniques. This class is for those who have experience with painting. 6 classes.

Studio East & West ~Announcements~

"2004 Student Art Show"

Will be held in May and June at Bon Matin in Berryville. If you are a current Studios East & West student, contact your teacher and have your artwork framed and ready to hang. Call (540) 955-4226 for more information.

"Images of the Clarke County Fair: 50 Years"

Studios East & West is sponsoring this art show in July. If interested in entering paintings, photographs, or other images of the Clarke County Fair into this show, please call (540) 955-4226 for more information. All artwork must be framed and ready to hang.

Acrylic Painting

Activity #: 350202A
Age: 8+
Day: Monday
Date: 4/19-5/24
Time: 4:00-5:30 PM
Fee: \$60.00 plus a \$10.00 materials fee payable to the instructor.
Instructor: Gale Bowman-Harlow
Location: Studio East (109 1st Street)

Using acrylic paints, students will learn basic painting techniques: color mixing, building with color, mediums, color theory, light, and composition. Bring a 24x30 canvas and pictures of things you want to paint. Returning students will work on their own paintings. 6 classes.

Basic Drawing

Activity #: 340212A
Age: 8+
Day: Monday
Date: 4/19-5/24
Time: 7:00-8:30 PM
Fee: \$60.00 plus a \$10.00 materials fee payable to the instructor.
Instructor: Gale Bowman-Harlow
Location: Studio East (109 1st Street)

Since the instructor learned to draw as an adult, she knows that if given the right materials and logical instruction a person can develop drawing skills. This class will give participants that opportunity. 6 classes.

Beginning Painting and Drawing

Activity #: 340212B
Age: 12+
Day: Wednesday
Date: 4/21-5/26
Time: 9:30-11:30 AM
Fee: \$60.00 plus a \$10.00 materials fee payable to the instructor
Instructor: Gale Bowman-Harlow
Location: Studio East (109 1st Street)

This class is for the beginner or those who want to review their skills. Students can work in watercolor or acrylic to learn about color intensity, light, mediums, composition, and meaningful images. Please bring a 18x24 canvas or watercolor tablet. 6 classes.

Design for Wee Ones

Activity #: 310213A
Age: 4-6
Day: Wednesday
Date: 4/21-5/26
Time: 2:30-3:30 PM
Fee: \$35.00 plus a \$10.00 materials fee payable to the instructor.
Instructor: Gale Bowman-Harlow
Location: Studio East (109 1st Street)

This fun class is designed to teach the wee ones about design and printing with different fabrics, papers, inks and paints. Students will focus on seeing and producing designs: repetition, pattern, and color. 6 classes.





Fitness

Low Impact & Sculpt

Activity #: Dates:
 340301A 5/3-5/28
 340301B 6/2-6/28
 340301C 6/30-7/23
 Age: 40+
 Day: Monday, Wednesday, & Friday
 Time: 9:00-10:00 AM
 Fee: \$24.00 for an 8 visit pass
 (\$3 for each additional class above 8)
 \$5.00 per class drop-in fee
 Instructor: Jane Johnston

Are you looking for an active workout that is easy on your joints? Low impact aerobics will improve cardiovascular health while resistance and flexibility training will define the entire body. Sessions A & B are 12 classes. Session C is 11 classes.

Gentle Yoga & Meditation

Activity #: 350301A
 Age: 16+
 Date: 6/15-7/20
 Day: Tuesday
 Time: 6:00-7:00 PM
 Fee: \$48.00
 \$10.00 per class drop-in fee
 Instructor: Jane Kasoff & Carrie Noonan

This class is for new and continuing students. Participants will be introduced to the basic standing and sitting poses, breath awareness, and progressive relaxation techniques. 6 classes.

Personal Training

Activity #: 350307A
 Age: 16+
 Time: By appointment
 Fee: \$30.00 per 1-hour training
 Trainers: Sara Davis or Jane Johnston

This is your opportunity to get started on a fitness program that is personalized to your individual needs. Two Certified Personal Trainers are ready to get you started and keep you motivated on your way to your fitness goals. A trainer will contact the client for a mutually convenient appointment time after client has registered.

Powerful Pilates

Activity #: Date:
 350315A 5/6-5/27 (no class 5/13)
 350315B 6/3-6/24 (no class 6/10)
 350315C 7/1-7/22 (no class 7/8)
 Age: 16+
 Day: Tuesday & Thursday
 Time: 9:00-10:00 AM
 Fee: \$45.00
 Instructor: Deanna Kropf

This class is an introduction to the fundamentals of Pilate's movements and structure. Participants will perform precise and effective movements focused on increasing flexibility and strength. Postural alignment, stabilization of core muscles, and breath awareness will be emphasized. Participants should bring their own mat. Childcare is available for this class. 6 classes.

P.M. Mixed Level Yoga

Activity #: 250309C
 Age: 16+
 Date: 4/20-7/13
 Day: Tuesday
 Time: 5:30-7:00 PM
 Fee: \$169.00
 \$15.00 per class drop-in fee
 Instructor: Alicia Grayson
 Location: Millwood Community Center

A.M. Mixed Level Yoga

Activity #: 250309D
 Age: 16+
 Date: 4/21-7/14
 Day: Wednesday
 Time: 6:30-7:45 AM
 Fee: \$169.00
 \$15.00 per class drop-in fee
 Instructor: Alicia Grayson
 Location: Millwood Community Center

All fitness levels and experience welcome. These classes will incorporate the fundamentals of yoga and encourage participants to work at their own level. Emphasis will be on breath awareness, relaxation, and development of skills. 13 classes.

Belly Dancing Basics

Activity #: Date:
 350314A 5/7-5/28
 350314B 6/4-6/25
 350314C 7/9-7/30
 Age: 16+
 Day: Friday
 Time: 6:00-7:30 PM
 Fee: \$73.00
 Instructor: Dian Hanna

Belly dancing is probably one of the last surviving dance rituals from matriarchal times. While learning stomach rolls, hip undulations, rib cage motions, and veil swirling, participants will gain knowledge of the meaning behind these movements. Participants should wear socks. 4 classes.

Beginner Tae Kwon Do

Activity #: Date:
 350305A 5/6-6/10
 350305C 7/1-8/5
 Age: 7+
 Day: Thursday
 Time: 6:00-7:30 PM
 Fee: \$42.00
 Instructor: Mark Berg

Intermediate Tae Kwon Do

Activity #: Date:
 350305B 5/6-6/10
 350305D 7/1-8/5
 Age: 7+
 Day: Thursday
 Time: 7:00-8:30 PM
 Fee: \$42.00
 Instructor: Mark Berg

These classes are designed to familiarize students with the non-contact, traditional Korean martial art form of Tae Kwon Do. Students will learn a variety of self-defense moves while enjoying the additional benefits of a cardiovascular workout, increased flexibility and focused self-discipline. 6 classes.

Speakers Bureau

Are you looking for a guest speaker for your club meeting or monthly gathering? CCPR would like to come to your meeting and speak about a number of topics relating to your local Parks and Recreation Department. Topics can include the different programs and activities that the Department hosts, the Park Master Plan, and the end-less benefits that Parks and Recreation offer. Arrangements can be made by calling the Park at 955-5140.

Weight Watchers Monday's at 7:00 PM

Contact 1-800-651-6000 or www.weightwatchers.com



General Interest

Beginner

Conversational Spanish

Activity #: 351305A Date: 5/4-5/25
 Age: 16+
 Day: Tuesday
 Time: 6:30-8:30 PM
 Fee: \$40.00
 Instructor: Amy Reid
 Location: Clarke County Recreation Center

In an interactive environment, participants will learn the fundamentals of reading, speaking, and understanding Spanish. Participants need to bring a bilingual dictionary to all classes. 4 classes.

Intermediate

Conversational Spanish

Activity #: 351306A Date: 6/1-6/22
 Age: 16+
 Day: Tuesday
 Time: 6:30-8:30 PM
 Fee: \$40.00
 Instructor: Amy Reid
 Location: Clarke County Recreation Center

This class is for students who have already taken Spanish 1 or are familiar with the fundamentals of Spanish. Students will expand their vocabulary, continue conjugating verb tenses, practice proper sentence formation, pronunciation, and much more. Students must have a bilingual dictionary for all classes. 4 classes.

Touch & Stress Relief

Activity #: 350621A Date: 5/6-5/27
 350621B 6/3-6/24
 Age: 16+
 Day: Thursday
 Time: 7:00-8:30 PM
 Fee: \$180.00
 Instructor: Judy Eggleston, RN
 Location: Healthy Beginnings in Berryville (119 West Main Street).

Explore practical techniques for "everyday stress" relief. Focus will be on breathing, acupressure points, benefits of reflexology techniques on body wellness, stress relief through massage, and therapeutic touch for you and others. 4 classes.

Red Cross Babysitter Training

Activity #: 350714A Date: 7/14
 350714B 8/4
 Age: 10-15
 Time: 9:00 AM-3:30 PM
 Day: Wednesday
 Fee: \$50.00, plus \$11.00 for an optional first aid kit
 Instructor: Mary Veilleux
 Location: Millwood Community Center

This is an interactive class designed to build confidence, competence and life skills in pre-teens and teenagers. Participants will learn essential caregiver techniques while becoming a qualified babysitter through the American Red Cross. There will be a half-hour lunch break. Participants should bring a packed lunch. 1 class.

Women's Health Lectures

Activity #: 350623A Date: 5/17 Day: Monday
 350623B 5/24 Day: Monday
 350623C 6/3 Day: Thursday
 350623D 6/10 Day: Thursday
 350623E 7/19 Day: Monday
 350623F 7/26 Day: Monday
 Age: 12+
 Time: 6:30-8:30 PM
 Fee: \$15.00
 Instructor: Sue Hickman, Arbonne International Independent Consultant

These interactive classes will equip women to make more informed choices for better health. The classes on 5/17, 6/3, and 7/19 will primarily focus on hormone balance. The classes on 5/24, 6/10, and 7/26 will concentrate on toxin awareness and cancer prevention. Natural alternatives will be discussed in all classes. 1 class.

Guitar Lessons

Activity #: 350622A
 Age: 8+
 Day: Wednesday
 Date: 5/12-7/28
 Time: 4:30-5:30 PM
 Fee: \$60.00
 Instructor: Kevin Hayton

This is a beginner's course to teach notes, chords, tuning, and some music theory. Upon completion of this course, participants will be able to play a simple song and continue learning new songs on their own. Participants must provide their own six-string folk guitar. 12 classes.

Birthday Party Packages

The Clarke County Parks & Recreation offers five different birthday packages:

• BASIC (I) PARTY INCLUDES:

Decorations, balloons, gift bags & 1/2 hr. of games.

• BASIC (II) PARTY INCLUDES:

Cake, decorations, balloons, gift bags and half an hour of games

• THEME PARTY INCLUDES:

Cake, decorations, balloons, gift bags and half an hour of games and your choice of one theme.

• PIZZA PARTY INCLUDES:

Pizza, cake, decorations, balloons, gift bags and half an hour of games.

• THEME PIZZA PARTY INCLUDES:

Pizza, cake, decorations, balloons, gift bags & 1/2 hr. of games and your choice of one theme.

Every package comes with a two-hour time block.

There are 2 different room choices :

Multi-Purpose, & 1/2 Gym with kitchen.

The cost ranges from \$4.00 to \$10.25 per person.



Call the Recreation Center at
540-955-5140
 to reserve your party now!

There will be a special appearance from
CHIPPER THE CHIPMUNK,
 the Parks and Recreation mascot.

Package price is based on a minimum of 10 people.



Kids Core-ner

Creative Movement & Tumbling

Activity #: Date:
310701A 5/14-6/4
310701B 6/11-7/9 (No class 7/2)
310701C 7/16-8/6
Age: 3-5
Day: Friday
Time: 4:00-4:45 PM
Fee: \$30.00
Instructor: Melissa Raymond

These classes are designed to help build coordination, improve basic motor skills, refine balance and develop flexibility. Children will learn basic tumbling, stretching and coordination movements while having fun socializing with others their age.
4 classes.

Pre-Ballet I

Activity #: Date:
310702A 5/11-6/1
310702B 6/8-6/29
310702C 7/6-7/27
Age: 3-5
Day: Tuesday
Time: 4:15-4:45 PM
Fee: \$20.00
Instructor: Madigan Milford



Pre-Ballet II

Activity #: Date:
320703A 5/11-6/1
320703B 6/8-6/29
320703C 7/6-7/27
Age: 6-8
Day: Tuesday
Time: 5:00-5:45 PM
Fee: \$30.00
Instructor: Madigan Milford

These classes are designed to improve children's coordination, rhythm and social skills. Classes will incorporate dance movements with music, coordination exercises and the basic poses of ballet.
4 classes.

Afterschool with the Park Registration for 2004/2005 School year

Activity #: 511102
Age: B4-5th grade
Day: Monday-Friday
Date: Follows Clarke County Public School schedule
Time: 3:00-6:00 PM
Fee: \$30.00 per week (paid monthly, plus a **\$15.00 non-refundable** registration fee)
Location: D.G. Cooley Elementary School
Registration begins June 7th.

This program runs daily on regular school days and provides full day care on teacher workdays (there is an additional fee on full days). Transportation is provided to D.G. Cooley for children who attend Boyce Elementary or Berryville Primary.

Jazz Dance I

Activity #: Date:
320704A 5/14-6/4
320704B 6/11-7/9 (No class 7/2)
320704C 7/16-8/6
Age: 7-9
Day: Friday
Time: 5:00-5:45 PM
Fee: \$30.00
Instructor: Melissa Raymond

This class is an introduction to the basic techniques of jazz dance. Students will be taught to understand rhythm and learn various active dance combinations. These combinations will then be choreographed with music and result in learning some new funky combinations that create a fun routine. 4 classes.

Creative Children

Activity #: Class: Date:
320707A A Gift for Mom 5/8
320707B Natural Birdfeeders 6/19
Age: 6-12
Day: Saturday
Time: 11:00 AM-12:30 PM
Fee: \$10.00
Instructor: Debbie Wilson

Your child will enjoy making various crafts while socializing with others. *In session A*, participants will make a special gift for their mom for Mother's Day. *In session B*, participants will make birdfeeders and learn about birds. 1 class.

Kid's Corner Pre-School

Activity #: 511203
Age: 3
Day: Tuesday and Thursday
Date: 9/7 Follows Clarke County Public School Schedule
Time: 9:00 AM-12:00 PM
Fee: \$80.00 per month

Activity #: 511204
Age: 4-5
Day: Monday, Wednesday & Friday
Date: 9/8 Follows Clarke County Public School schedule
Time: 9:00 AM-12:00 PM
Fee: \$100.00 per month

In addition to the above fees, participants must pay one-time materials fee of \$30.00 and a \$15.00 non-refundable registration fee.

Our Preschool programs are designed to help children learn socialization skills through play and small group activities. Kindergarten preparedness is also emphasized.



www.co.clarke.va.us/parks

Talented Toddlers

Activity #: Class: Date:
311208A Mother's Day Crafts 5/8
311209A Father's Day Crafts 6/19
Age: 3-5
Day: Saturday
Time: 9:00 - 10:30 AM
Fee: \$10.00
Instructor: Debbie Wilson

Children come and join us in a craft making class and a morning of fun. Create your very own gift for Mom on her special day. Don't forget Dad's present. We have a special gift for the little ones to make for Dad too. 1 class.

SUMMER FUN



Special Events

CCPR Gift Certificates!

The Perfect Gift For EVERYONE!



Good for CCPR sponsored programs and activities, facility rentals, general admission fees, and discount passes.

JULY 4th AT THE POOL

Bring a picnic basket and enjoy a spectacular view of the fireworks from poolside. Swim in the pool until the fireworks begin. General Admission Fees apply.

National Employee Health & Fitness Day:

"Be Active for Life"

Activity #: 350801A
Date: 5/19
Age: 18+
Day: Wednesday
Time: 10:00 AM-2:00 PM

- There will be **information and screenings** by local organizations that specialize in health and wellness issues.
- Blood pressure & Cholesterol screening by the Clarke County Health Department (**Pre-registration** is required for the Cholesterol screening. Cholesterol screening costs \$12.00)
- Free hand massages by Healthy Beginnings
- Spinal Health screening & information by Healthy Beginnings
- Skin Cancer information & skin damage screening by the American Cancer Society
- Nutrition information & recipes by Debbie Berg
- Toothbrush exchange & dental health information by Dandridge Allen, DDS
- Free Fitness Class Vouchers from CCPR
- **Walk for Wellness Contest:** The Clarke County department or business that has the largest percentage of employees to walk the Park trail from 10:00 AM-2:00 PM will receive a prize. All walkers must check in at the front desk.
- **Free** use of the weight room and gym from 10:00 AM-2:00 PM.
- **Healthy snacks** will be available around noon.

Life Line Screening

will be on site from 9:00 AM-3:00 PM on May 4, 2004. They will be conducting screenings for: Carotid Artery Disease (#1 cause of strokes), Abdominal Aortic Aneurysm, Heart Disease and Osteoporosis (Bone Density). Pre-registration is required please call 1-800-407-4557 for more information on the tests, prices and an appointment.

Summer Concert Series

Date: 6/30 & 7/28
Age: All
Day: Wednesday
Time: 7:00-9:00 PM

Come out by yourself . . .
or with your friends
and family, but
whatever you do . . .
don't miss these concerts!

"Maria Rose"

will perform a variety
of music for
your entertainment.

Bring a picnic dinner and a blanket/chair with you and enjoy great music from the lawn behind the Red Caboose in the Clarke County Park. Children will enjoy playing on the adjacent playground.

Sponsored by:





Specialty Camps

Preschool Camp

Activity #: 310501A
 Age: 3-5
 Day: Monday-Friday
 Date: 6/7 - 6/11
 Time: 9:00 AM - 12:00 PM
 Fee: \$45.00
 Instructor: Michelle Bock

Children will enjoy participating in arts and crafts, story-time, snack, and playtime activities while socializing with others their age. Children should wear comfortable clothing suitable to play in and getting messy. 5 classes.

Games & Crafts Camp

Activity #: 320505A
 Age: 6-12
 Day: Monday-Friday
 Date: 6/28 - 7/2
 Time: 9:00 AM - 12:00 PM
 Fee: \$45.00
 Instructor: Andrea Parker

Children will play a variety of social games and make a different craft each day during this weeklong camp. Games are interactive and may include games with cooperative themes, board games, and other active games. Crafts may include sand art, kite making, magnets, photo frames, candles, etc. 5 classes.

Spanish Camp

Activity #: 320508A
 Age: 6-12
 Day: Monday-Friday
 Date: 7/26 - 7/30
 Time: 1:00 - 3:00 PM
 Fee: \$40.00
 Instructor: TBD

This is an excellent chance for children to explore a foreign language. Children will learn the basics of how to speak, read and understand Spanish. Children should bring an illustrated, bilingual dictionary to the camp. We will learn to play games in Spanish and have a mid-week Fiesta. 5 classes.

Dance Camp

Activity #: 320509A
 Age: 5-12
 Day: Monday-Friday
 Date: 6/28 - 7/2
 Time: 1:00 - 4:00 PM
 Fee: \$50.00
 Instructor: Madigan Milford, Collen Shendow & Melissa Raymond

Participants will explore various types of dance such as ballet, modern, and jazz. On the last day of camp there will be a brief recital to demonstrate the participants' newly acquired skills for their parents and guest. 5 classes.

Beginner Sign Language Camp

Activity #: 320510A
 Age: 7 -13
 Day: Monday - Friday
 Date: 6/21 - 6/25
 Time: 1:00 - 3:00 PM
 Fee: \$45.00 plus a \$5 materials fee payable to the instructor
 Instructor: Donna Williams

Looking for a challenge this summer? Then, learn sign language and take communicating with your friends to a whole new level. The materials fee includes an illustrated, sign-language book. 5 classes.

Advanced Beginner Sign Language Camp

Activity #: 320510B
 Age: 7 - 13
 Day: Monday - Friday
 Date: 7/19 - 7/23
 Time: 1:00 - 3:00 PM
 Fee: \$45.00 plus a \$5 materials fee payable to the instructor 1st day of class.
 Instructor: Donna Williams

Know some sign language already? Come practice with us this summer. Participants will be playing games, learning songs and talking to one another in sign language. The materials fee includes an illustrated sign-language book. 5 classes.



Creative Children Mini-Camps

Activity #:	Class:	Date:
320708A	World Art Tour	7/12-7/15
320708B	Doll	7/19-7/22
320708C	Monster!	8/2-8/6

Age: 8-12
 Day: Monday-Thursday
 Time: 10:00 AM-12:00 PM
 Fee: \$35.00
 Instructor: Debbie Wilson

World Art Tour

Zip around the globe, touring Egypt, Greece, Japan, Mexico, and Russia. Stay long enough to create your own souvenirs! Get your personal passport stamped and take home a suitcase of international art samples.

Doll: The Exalted Plaything

Indulge in this ancient form of play! Learn about doll making in its historical and cultural context. Plan and create imaginative art dolls. using materials such as clay, cloth, paper, wire, wood, twigs, paint and more! It's just plain fun! Explore the Corn Husk doll, Paper Twist doll with walnut head, Cinnamon Stick doll, Applehead doll, Paper Mache hinged doll with oil clay armature, "Penny -doll" -- tiny clay 2" doll, African Akua-ba doll, Cardboard callaged, stamped and embossed doll

Yikes! I've Created a Monster!

Hey Mom, where do monsters come from? If you have ever wondered about this, then you are ready for this class! We'll trade in traditional methods of sculpture, and roll up our sleeves for paper mache fun and fantasy. Move over Michelangelo! Let's make monster magic!

7th - 12th Volleyball Camp

Activity #: 350511A
 Age: Children who have completed 6th grade - 12th grade
 Day: Monday - Friday
 Date: 7/5 - 7/9
 Time: 1:00 - 4:00 PM
 Fee: \$45.00
 Instructor: Donna Nieman

In this camp, participants will be instructed on the basic skills of the game. The camp is designed for children who have had no or limited exposure to the sport of volleyball. Skills such as bumping, setting, serving and spiking will be emphasized. 5 classes.



Softball Camp

Activity #: 350512A
 Age: 10 -14
 Day: Monday - Friday
 Date: 6/21 - 6/25
 Time: 9:00 AM - 12:00 PM
 Fee: \$45.00
 Instructor: Susan Grubbs

Coach Grubbs will teach participants the fundamentals of the game of softball. Skills that will be focused on are hitting, throwing, sliding, fielding, and base running. 5 classes.

K-3rd Basketball Camp

Activity #: 320513A
 Age: K - 3rd grade
 Day: Monday-Friday
 Date: 7/5- 7/9
 Time: 9:00 AM- 12:00 PM
 Fee: \$45.00
 Instructor: Mat Huff

This camp is ideal for players who are beginning to show interest in the game of basketball. Participants will be instructed in the primary skills of the game such as dribbling, shooting, and defense. 5 classes.



4th - 8th Basketball Camp

Activity #: 350514A
 Age: Completed 4th grade - 8th grade

Day: Monday - Friday
 Date: 7/12 - 7/16
 Time: 9:00 AM - 12:00 PM
 Fee: \$45.00
 Instructor: Mat Huff

Participants in this camp will add to their basketball skills through the use of drills and friendly competition. 5 classes.

Girl's Basketball Camp

Activity #: 350516A
 Age: Completed 6th grade - 10th grade
 Day: Monday - Friday
 Date: 7/26 - 7/30
 Time: 9:00 AM - 12:00 PM
 Fee: \$45.00
 Instructor: Betsy Munson

Participants will increase their knowledge of the game through instruction, drills and friendly competition. 5 classes.

Sports Conditioning Camp

Activity #: 350517A
 Age: Completed 5th Grade
 Day: Monday-Friday
 Date: 7/26 - 7/30
 Time: 8:30 - 10:30 AM
 Fee: \$40.00
 Instructor: Nancy Specht

In shape but need more conditioning before your sport begins? This camp is a pre-conditioning camp that will emphasize sport nutrition, cardiovascular conditioning, flexibility and muscular endurance training. Get in shape with us and learn ways to maintain good health for a lifetime. 5 classes.

Cheerleading Camp

Activity #: 350518 A
 Age: K-6th (as of Sept. 1, 2004)
 Day: Monday-Friday
 Date: 6/21 - 6/25
 Time: 1:00 - 4:00 PM
 Fee: \$85.00
 Instructor: Cheer Eruption

Catch that cheerleading spirit. Learn the proper technique and build confidence while developing the skills needed to perform sidelines/cheers, jumps, pom-pom routines, and beginning stunt progressions! All instruction will occur in a positive environment designed to promote the "leader" in Cheerleader. Each participant receives a free camp T-shirt and water bottle the first day of camp. Parents will enjoy the "Grand Finale" performance on the last day of camp! 5 classes.

Youth Football Cheerleading Camp

Activity #: 350519 A
 Age: K-6th (as of Sept. 1 2004)
 Day: Monday-Friday
 Date: 8/2 - 8/6
 Time: 1:00 - 4:00 PM
 Fee: \$85.00
 Instructor: Cheer Eruption

Moms and youth football cheer coaches, begin developing your future cheerleader. At camp this summer they will have fun cheering just like the big girls. Learn the latest and safest beginner or intermediate stunt progressions, new football sidelines/cheers, and a pom-pom routine. Each participant will receive a free camp T-shirt and water bottle the first day of camp. Written individual and team evaluations will be given the final day of camp. 5 classes.



Discounted, Good Any Day,

Tickets for
 may be purchased at the
 Recreation Center during
 regular operating hours.
 Adult (age 7+) \$26.00
 if purchased by June 13th or
 \$31.00 if purchased after June 13th.
 Child (age 3-6) \$26.00

Soccer Camp

Activity #: 350510A
 Age: 5-8
 Day: Monday - Friday
 Date: 7/19 - 7/23
 Time: 9:00 - 11:00 AM
 Fee: \$30.00
 Instructor: Betsy Munson

If so, this camp is for them. Participants will be instructed in the fundamentals of the game in this introductory camp. 5 classes.

7th - 12th Cheerleading Camp

Activity #: 350520 A
 Age: Completed 7th grade - 12th grade
 Day: Monday-Friday
 Date: 7/12 - 7/16
 Time: 1:00 - 4:00 PM
 Fee: \$65.00
 Instructor: Cheer Eruption

Come to "Cheer Eruption Summer Conditioning Camp" to get prepared for tryouts this year. Develop crisp and clean motion technique. Learn strength and height increasing exercises to improve your jumps. Learn stunts in the proper and safest progressions. All aspects of cheerleading will be covered. This year you will be filled with self-confidence and spirit when you jump into try-outs and steal the hearts of the judges and coaches! 5 classes.

A parent or legal guardian of each participant in the Cheerleading Camps will be required to sign an Informed Consent Agreement. Athletic shoes with good support, shorts and T-shirt are the required attire. No baggy or loose fitting clothing.



Specialty Camps

continued

Darkroom Photography Camp

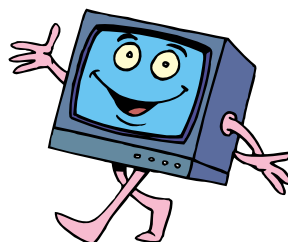
Activity #: 320502B
 Age: 7-12
 Day: Monday-Friday
 Date: 8/23-8/27
 Time: 9:00 AM-12:00 PM
 Fee: \$100.00
 Instructor: Bonnie Jacobs
 Location: Studio East (109 1st Street)

Participants will learn to take black and white pictures, develop film and print images. After mastering these skills, participants will learn to mat, frame and hang a photo. Participants need to bring a 35mm camera (automatic or manual), 4 rolls of black and white TRI-X PAN (asa) 400 speed 35mm film (No substitutes, please. Film may be purchased at Valley Photo Center in Winchester on the Oldtown Mall. Tell them you are a student in this camp.) and 25 sheets of B/W 5x7 paper. Participants should bring a snack and drink daily. 5 classes.

Clarke County Parks and Recreation Video Gaming Club

Age: 14+
 Date: 7/6 - 8/5
 Day: Tuesday and Thursday
 Time: 6:00-8:30 PM
 Fee: General Admission on Tuesdays, \$5.00 Tournament Fee on Thursdays
 Location: Clarke County Recreation Center

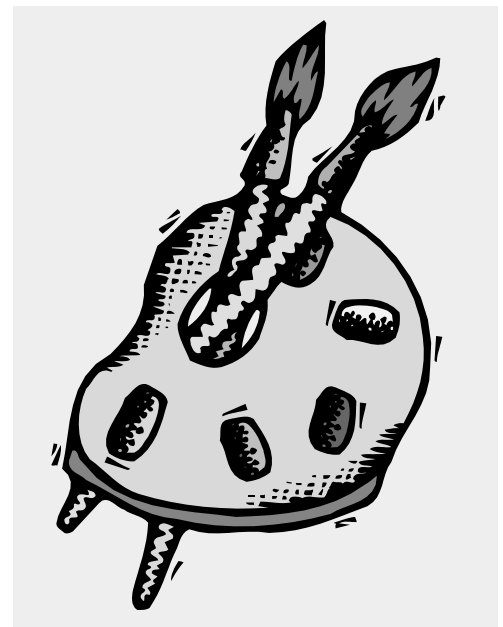
Come out to the Clarke County Recreation Center and get together with other gamers to test your skills. The meetings on July 6th and 8th will be to discuss what games we want to play in our tournaments and what the rules and format will be. After that, Tuesdays will be for game practice and Thursdays will be for the tournament. Drinks and snacks will be provided during the tournaments. Bring your game system, portable TVs and skills and see how you match up!



Paint in Acrylics Camp

Activity #: 320502C
 Age: 7+
 Day: Monday-Friday
 Date: 8/23-8/27
 Time: 1:00-4:00 PM
 Fee: \$100.00
 Instructor: Bonnie Jacobs
 Location: Studios East (109 1st Street)

Learn how to sketch a still life and draw from nature, to study color, mix paints, and paint on canvas and panel. Participants need to bring an 11x14 spiral sketch book. Participants may bring a snack and drink daily. 5 classes.



Art Camp

Activity #: 320503A
 Age: 8-12
 Day: Monday-Friday
 Date: 8/9-8/13
 Time: 9:00 AM-4:00 PM
 Fee: \$170.00 materials included
 Instructor: Gale Bowman-Harlow
 Location: Studio West
 (2330 Crums Church Road)
Registration Deadline: July 1st

This camp will involve a variety of art experiences with outdoor activities. Activities will include: painting, sculpture, nature drawing, lots of water fun and swinging on a big swing. Scholarships are available through Studios East & West, 955-4226. Snacks are provided but participants should bring a lunch daily. An information packet will be mailed to enrolled participants in late July. 5 classes.

Paint a Car Camp

Activity #: 320501A
 Age: 12-19
 Day: Monday-Friday
 Date: 6/28-7/2
 Time: 9:30 AM-2:30 PM
 Fee: \$125.00
 Instructor: Bonnie Jacobs
 Location: Studio East (109 1st street)

Participants will design a plan for a car painting before learning how to prepare the surface by wet sanding, puttying, taping, and painting the chosen design onto the car. Color mixing and different kinds of paint to use for a vehicle will be discussed. The process and end result will be photographed so cameras are welcome. This camp is labor intensive, requires work clothes, a spiral or stitched sketchbook, and drawing tools. Participants should bring a lunch daily. 5 classes.

Color Photography Camp

Activity #: 320502A
 Age: 7-12
 Day: Monday-Friday
 Date: 8/16-8/20
 Time: 9:30 AM-12:30 PM
 Fee: \$100.00
 Instructor: Bonnie Jacobs
 Location: Clarke County Fairgrounds

Is your child a blooming shutterbug? This camp will introduce your child to composition, lighting, cameras, and flash. Participants will need to bring 5 rolls of color 400 speed film (optional to bring more film and C-41 process black and white film), and a 35mm camera (automatic or manual). During this camp, one roll of film will be used each day and one roll will be processed on Wednesday or Thursday to be reviewed and critiqued. Participants may bring a snack/lunch daily and/or money for snacks at the fair. **Participants should be dropped off and picked up at the Fair Office at the Fairgrounds. 5 classes.**



Sculpture Camp

Activity #: 320504A
 Age: 12+
 Day: Monday-Friday
 Date: 7/26-7/30
 Time: 9:00 AM-4:00 PM
 Fee: \$170.00 (Most materials included)
 Instructor: Gale Bowman-Harlow
 & Chris McFarren
 Location: Studio West
 (2330 Crums Church Road)
Registration Deadline: July 15th

Get ready for some serious sculpture. Participants will learn how to develop an idea, do artistic research and create two pieces of sculpture. Each participant will choose his/her subject matter so come with ideas and focus. Snacks are provided but participants need to bring a lunch daily. Scholarships are available through Studios East & West, 955-4226. An information packet will be mailed to enrolled participants in late July. 5 classes.



Drawing and Painting Camp

Activity #: 320504B
 Age: 11+
 Day: Monday-Friday
 Date: 6/28-7/2
 Time: 9:00 AM-4:00 PM
 Fee: \$170.00 (Most materials included)
 Instructor: Gale Bowman-Harlow
 Location: Studio West
 (2330 Crums Church Road)
Registration Deadline: May 28th

The focus of this camp will be to take an idea for a painting or drawing and explore that idea using different drawing techniques and mediums using acrylic paints. Color and composition will be explored. Participants should come with pictures and ideas of their own. Snacks are provided but participants need to bring a lunch daily. Scholarships are available through Studios East & West, 955-4226. An information packet will be mailed to enrolled participants in June. 5 classes.

Junior Art Camp

Activity #: 320510A
 Age: 5-7
 Day: Tuesday-Friday
 Date: 7/6-7/9
 Time: 9:00 AM-12:30 PM
 Fee: \$70.00 (Materials included)
 Instructor: Gale Bowman-Harlow
 Location: Studio West
 (2330 Crums Church Road)
Registration Deadline: June 6th

Junior Art Camp introduces campers to a variety of art experiences to stimulate their creativity. Activities will include painting and sculpture. Snacks are provided but participants need to bring a lunch daily. Scholarships are available through Studios East & West, 955-4226. An information packet will be mailed to enrolled participants in June. 5 classes.

Animal Art Camp

Activity #: 320512A
 Age: 8-12
 Day: Monday-Friday
 Date: 8/16-8/20
 Time: 9:00 AM-4:00 PM
 Fee: \$170.00 (Materials included)
 Instructor: Gale Bowman-Harlow
 and Chris McFarren
 Location: Studio West (2330 Crums Church Road) & the Ohrstrom Farm
Registration Deadline: June 26th

Campers will spend two days at a working farm to learn about goats, cows, dogs, and cats. Activities will include: observing and studying the lives and anatomy of these animals using photography, drawing, and sculpture. Snacks are provided but participants need to bring a lunch daily. An information packet will be mailed to enrolled participants in July. 5 classes.

Screamer Camp

Activity #: 320512B
 Age: 12+
 Day: Monday-Friday
 Date: 8/2-8/6
 Time: 9:00 AM-4:00 PM
 Fee: \$170.00
 Instructor: Chrissy Schmohl
 Location: Studio East (109 1st Street)
Registration Deadline: June 15th

This is your chance to make the creatures that live in your imagination! Your dreams become a reality using innovative paper and cloth mache sculpture techniques to construct a large-scale almost goof-proof creature that "screams" for attention. Bring pictures of lizards and reptiles for reference. Participants should also bring an old shirt, some patience, and lots of imagination. Snacks are provided but participants need to bring a lunch daily. 5 classes.

Nature Camp

Activity #:	Age:	Date:
320507A	5-10	7/26-7/30
320507B	5-10	8/2-8/6
320507C	11-13	8/2-8/6
Day:	Monday-Friday	
Time:	9:00 AM-12:00 PM	
Fee:	\$50.00	
Instructor:	Judy Hoff & Shannon Barbour	
Location:	Blandy Experimental Farm	

Do you want your child to learn to appreciate nature? Maybe your child already appreciates nature but wants to learn more. This camp will promote more awareness and a better understanding of nature through fun environmentally based activities. Scholarships are available through Blandy Experimental Farm, 837-1758 x42. 5 classes.



Summer's Last Blast

Activity #: 350706A
 Age: 5-13
 Day: Monday-Friday
 Date: 8/23-8/27
 Time: 7:30 AM-6:00 PM
 Fee: \$80.00
 Location: Clarke County Recreation Center
Registration Deadline: 8/5/04



Are you looking for a fun diversion for your child before they head back to school? This camp will make the last days of your child's summer memorable with arts & crafts, sports, free play, and more. Snack will be provided but participants need to bring a packed lunch daily. 5 classes.



Summer Playcamp

Age: Children who have completed Kindergarten - Children who have completed 5th grade and are not older than 13 years of age by December 31, 2004.

Day: Monday - Friday

Date:	Session 1: 550402A 6/14 - 6/25	Session 2: 550402B 6/28 - 7/9	Session 3: 550402C 7/12 - 7/23	Session 4: 550402D 7/26 - 8/6
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Time: 7:30am - 6:00pm

Fee: \$190.00 per session plus a \$7.00 t-shirt fee (t-shirts required for field trips)

Summer Playcamp is divided into four, two-week sessions. Campers participate in a variety of activities such as arts & crafts, pool time, sports activities, field trips and much more. Each camper should bring a non-perishable lunch. The camp will be housed in Clarke County High School and will utilize the full Park for activities.

REGISTRATION: Walk-in registration at the Clarke County Recreation Center **is required**. Packets may be picked up at the Recreation Center during regular operating hours. **At the time of registration, you must bring** (1) A copy of the Child's Immunization Records, (2) A copy of the School Physical Examination (3) Original Birth Certificate for CCPR staff to view and record. Additional information needed to complete the registration form includes name, address and phone number for individuals (other than the parents) to be contacted in case of an emergency, contact information for persons authorized to pick up child, physician and dentist telephone numbers, and insurance information.

PAYMENT: When signing up for Playcamp, patrons must **pay in full** for the first session they wish to attend and a non-refundable \$95.00 deposit for each additional session they wish to hold a spot. Families with multiple children participating in the program will only be required to pay the non-refundable deposit per session for one child. Participants can take one vacation week if participating in more than one session. Tuition during a session with a vacation week is \$125.00 (\$95.00 of which is due at registration). Payment for all swim lessons and specialty camps is due at registration.

SWIM LESSONS: For an additional \$32.00 per session, children may be registered for swim lessons. Lessons will be scheduled during the first session that the camper is enrolled in Playcamp. Camp staff will transport children to and from their lessons. See the "Guidelines for Placement in Learn-to-Swim Classes" for level requirements.

Registration for Sessions 1 & 2 begins April 14 for county residents and April 16 for non-county residents.

Registration for Session 3 & 4 begins June 28 for county residents and June 30 for non-county residents.

SPECIALTY CAMPS: The following camps correspond with the Playcamp schedule. For fees and description please refer to the "Specialty Camps" section of the Core. Camp staff will transport children to and from the camp(s).

Gifts from the Garden	6/14 - 6/18	K-3rd Grade Basketball	7/5 - 7/9
Begin. Sign Language	6/21 - 6/25	4th-8th Grade Basketball	7/12 - 7/16
Adv. Beg. Sign Language	6/21 - 6/25	Soccer	7/19 - 7/23
K-6th Cheerleading	6/21 - 6/25	Girl's Basketball	7/26 - 7/30
Softball	6/21 - 6/25	K-6th Cheerleading	8/2 - 8/6
Creative Scrapbooking	6/23 - 6/25	7th - 12th Volleyball Camp	7/5 - 7/9
Dance	6/28 - 7/2	7th - 12th Cheerleading Camp	7/12 - 7/16
Games/Crafts	6/28 - 7/2	Spanish Camp	7/26 - 7/30

Sports & Athletics

Tennis Lessons 7-12 years old

Activity #: Date:
320901A 6/5-6/26
320901B 7/10-7/31
Age: 7-12
Day: Saturdays
Time: 9:00-10:00 AM
Fee: \$40.00
Instructor: TBD

Beginner Tennis Lessons

Activity #: Date:
350902A 6/5-6/26
350902B 7/10-7/31
Age: 13+
Day: Saturdays
Time: 10:00-11:00 AM
Fee: \$40.00
Instructor: TBD

Adult Tennis Lessons

Activity #: Date:
350903A 6/5-6/26
350903B 7/10-7/31
Age: 13+
Day: Saturdays
Time: 11:00AM-12:00 PM
Fee: \$40.00
Instructor: TBD

Whether you're just starting out or want to brush up on your tennis skills, one of these classes should be right for you. Have fun learning the fundamentals of tennis with others. A great way to locate a tennis partner for the summer. 4 classes.

WASHINGTON REDSKIN TICKETS

will be available on August 21, 2004 through the Clarke County Parks and Recreation Department. Please call the Park or check the local newspaper after August 9, 2004 for more details.



Co-ed Softball League

Activity #: 350905A
Age: 16+
Day: Tuesday, Thursday, and Sunday
Date: Beginning on 5/25
Time: 6:30 PM weekdays,
1:00 PM on Sundays
Fee: \$150/team
Registration Deadline: 5/10

This Co-ed Softball League is designed for all players interested in the recreational aspects of the game. Join as a team with your friends, neighbors, or co-workers. It's a lot of fun and camaraderie at affordable league rates.

Summer Youth Basketball League

Activity #: 350906A
Age: 8-14
Day: Saturday
Date: Try-outs 5/15
Time: 10:00 AM-12:00 PM
Fee: \$35.00

Summer Youth Basketball program is a fundamental and instructional league for our youth. It gives them a chance to improve their skills and stay active over the summer. Children will be drafted on teams at try-outs on Saturday, May 15th. They will have weekday practices and play games on Saturdays. Past league players should plan on attending try-outs or contact the park if interested in returning to the same team.

Junior Golf Lessons

Activity #: 350914A
Age: 8-17
Day: Saturdays
Date: 5/8-6/5
Time: 10:00-11:30 AM
Fee: \$63.00
Instructor: Rick Miller
Location: Carper's Valley Golf Club
(Route 50 East, Winchester)

Want to learn a new sport or brush up on your skills? CCPR is offering instructional clinics to junior golfers. Participants will be taught the basic grip, stances, golf swing and follow through. They will then advance through their bag of clubs learning how to drive the ball, long & short iron play, and the finer points of putting to shave strokes off your scorecard. Clubs are available if needed, just let us know when you register for the program. 5 classes.



Co-ed Softball Organizational Meeting

There will be an organizational meeting of the CCPR Co-ed Softball League on Sunday, April 25th at 2:00 PM in the Recreation Center Lobby. Anyone interested in placing a team in the league should attend.

Ju-jitsu Club

Activity #: Date:
350917A 5/12-6/2
350917B 6/9-6/30
350917C 7/7-7/28
Age: 18+ (under 18 with the permission of the instructor)
Day: Wednesday
Time: 7:00-9:00 PM
Fee: \$40.00
Instructor: Shawn Pitcock

Students will be learning both traditional and modern styles of Ju-jitsu. This self-defense art is somewhat like Judo, as the participants will learn throws and joint locks. Students will be taught proper falling and rolling techniques to prevent any injuries. Class size is limited, so sign up early. 4 classes.

Freestyle and Street Skating Area

During the months of May, June, July and August the Freestyle and Street Skating Area will be open from 1:00 - 4:00 PM on the 1st Sunday of the month at the Clarke County Recreation Center and on the 3rd Sunday of the month at Boyce Elementary School. Participants are required to wear safety equipment and can either bring their own or rent equipment on site.

	Base Rate	Clarke Co. Resident
Youth 6 - 15	2.75	1.75
Adult 16+	3.75	2.75
(Equipment rental is not included)		



Trips, Tours & Adventures

Baltimore Orioles vs Atlanta Braves

Activity #: 351001A

Age: All (anyone under 18 must be accompanied by an adult)

Day: Saturday

Date: 6/26

Time: Depart from Recreation Center promptly at 1:30 PM

Fee: \$40.00

Join us for an action-packed day at Camden Yards as the O's take on the powerhouse, Atlanta Braves. Game time is 4:35 PM. Van transportation is included. Bring your game face!



Baltimore Orioles vs New York Yankees

Activity #: 351002A

Age: All (anyone under 18 must be accompanied by an adult)

Day: Sunday

Date: 9/12

Time: Depart from Recreation Center promptly at 10:30 AM

Fee: \$45.00

What an exciting match-up! Travel with us, in comfort, to see this American League thriller. Game time is 1:35 PM. Charter bus transportation is included. Bring your pen and paper for autographs and don't forget your team spirit!

Baltimore - Inner Harbor Weekend

Activity #: 351003A

Age: All (anyone under 18 must be accompanied by an adult)

Day: Saturday & Sunday

Date: August 7th & 8th

Fee: \$280.00 per person based on double occupancy

Early registration is required to take advantage of the savings for this exciting trip. Trip highlights include touring the National Aquarium, exploring the Inner Harbor, and visiting the Maritime Museum. Included in the trip is: transportation, overnight accommodations in downtown Baltimore/Inner Harbor, Medieval Times Dinner and Tournament, full buffet breakfast, and all-you-can-eat seafood buffet at the famous Phillips Seafood Restaurant. Rates are based on single, double, triple and quad occupancy. Contact the Park for trip itinerary and further details. Two days and one night.



Ocean City Beach Trip

Activity #: 351004A

Age: All (anyone under 18 must be accompanied by an adult)

Day: Monday-Thursday

Date: 9/27-9/30

Fee: 290.00

Join us on an exciting trip to Ocean City, Maryland. Take advantage of the last days of summer while the kids are all back in school and the beaches are less crowded. We have an exciting trip to Dover Downs Slots Casino with a full course dinner included. Sightseeing boat ride and other entertainment to be arranged. Transportation, accommodations and some meals are included in the trip. Further information, fee schedule and trip itinerary will be made available to all interested participants. Four days and three nights.

Shopping in New York City

Activity #: 351005A

Age: All (anyone under 18 must be accompanied by an adult)

Day: Saturday-Sunday

Date: 11/13-11/14

Fee: TBD

It's more than just a shopping trip... Join us as we experience the bright lights and big city of New York, New York. Transportation, overnight accommodations and buffet breakfast are included in this trip. Further information, fee schedule and trip itinerary will be made available to all interested participants.

Mid-week Hikes

Age: 18+

Day: Thursday

Time: May Hikes leave at 9:00 AM and return about 3:00 PM

Time: June-August Hikes leave at 8:00 AM and return about 2:00 PM

Fee: \$9.00

Instructor: Kristin Zimet

Enjoy fresh air and friends on walks of around 4 miles led by naturalist Kristin Zimet. Wear sturdy shoes, a hat, and sunscreen. Bring lunch and water. On the way back we like to stop for ice cream and a cool drink. Hikes marked with an (*) asterisk will return about 5:00 PM.

Activity #: Date: Location:

341001A	5/13	Balls Bluff, VA
341001B	5/20	C&O Canal, MD
341001C	5/27	Catoctin State Park, MD
341001D	6/3	Sleepy Creek WMA, WV
341001E	6/10	Ice Mountain, WV
341001F	6/17	* Calvert Cliff's State Park, MD
341001G	6/24	C&O Canal, MD
341001H	7/1	Black Hill Regional Park, MD
341001I	7/8	Hike and Summer Potluck
341001J	7/15	George Washington Nat'l Forest, VA
341001K	7/22	C&O Canal, MD
341001L	7/29	Blue Ridge Env'l Cntr, VA
341001M	8/5	* Shenandoah National Park, VA
341001N	8/12	Seneca Creek State Park, MD
341001O	8/19	Blandy Farm, VA
341001P	8/26	C&O Canal, MD



Clarke County Board of Supervisors

John Staelin, Chairman
Philip Shenk, Vice Chairman
Barbara Byrd
A.R. Dunning, Jr.
Michael Hobert

David Ash, County Administrator

P&R Advisory Board

Lawrence White, Chairman
Paul Jones, Vice Chairman
Rick Burton, Secretary
Michael McCall Steve Wisecarver
Gary Lichliter Leah Robinson
Ronnie Huff Daniel Sheetz

P&R Advisory Board meetings are held the 3rd Wednesday of the month at 6:00 PM at the Recreation Center and are open to the general public.

Parks & Recreation Staff

Lisa A. Cooke, CPRP
Director

Shannon Barbour, CPRP
Recreation Program Coordinator

Tracey Pitcock, MES
Recreation Program Coordinator

Melinda Seals, APRP
Recreation Program Supervisor

Matthew Parsons, CPRP
Recreation Center Manager

Barbara B. Bosserman
Office Manager

Ann Boothe
Registration/Reservation Specialist

Sheree Van Meter
Office Assistant

Adopt-a-Spot

Looking for a volunteer opportunity for your group or organization?

Help beautify the Park by "Adopting a Spot". Develop and maintain flowerbeds, pick up trash, or paint signs, benches, and picnic tables. Groups will be recognized with a sign identifying their spot in the Park.

For more information contact the Park at 540-955-5140

INSTRUCTORS NEEDED

If you have a special interest or hobby you would like to share with others, we are looking for you! Earn extra money while sharing your talent. Instructors are needed to teach a variety of classes in crafts, dance, exercise, nutrition or whatever your interest or hobby might be. Scheduling is flexible. Interested person can call the Park at

540-955-5140

Clarke County Youth Sports Organizations CONTACT INFORMATION

CC Youth Basketball
Debbie Hardesty 955-3076

CC Youth Soccer
Hotline 955-9002

CC Little League
Kim Braithwaite 955-2147

CC Youth Football & Cheerleading
Ricky Wright 837-1055

Linda Frazier 955-4091



PICNIC SHELTERS

Have your party, reunion, or picnic at one of the four picnic shelters available at the park. Shelters range in size to accommodate 50-100 people and are equipped with grills and electricity. Please call for reservations.

All shelters have been recently renovated!

Recreation Center Operating Hours:

SEPTEMBER 1st ~ MAY 31st

MONDAY - FRIDAY
9:00 - 9:00

SATURDAY
10:00 - 6:00

SUNDAY
1:00 - 9:00

JUNE 1st ~ AUGUST 31st

MONDAY - FRIDAY
9:00 - 6:00

SATURDAY
12:00 - 6:00

SUNDAY
CLOSED

* August 9th - 22nd the Center will be closed for annual maintenance. We will reopen at 9:00AM on Monday August 23rd.

Recreation Center Fee Schedule:

	Base Rate	Clarke County Resident
Youth 6-15 years	\$2.75	\$1.75*
Adult 16-59 years	\$3.75	\$2.75*
Senior Citizen 60+ years	\$2.25	\$1.25*
6-15 Discount Pass	\$45.00	\$25.00*
16-59 Discount Pass	\$65.00	\$45.00*
60+ Discount Pass	\$35.00	\$15.00*

* Must have proof of residency



Registration Information

Registration begins at 9:00 AM April 14, 2004
for Clarke County residents and April 16, 2004
for non-Clarke County residents,
unless otherwise noted in program description.

How to Register

WALK IN – to the Clarke County Recreation Center during normal operating hours.

MAIL IN – Enclose your registration form and check or *credit card information and mail to: CCPR - Program Registration, 225 Al Smith Circle, Berryville, VA 22611

PHONE IN - Call us at 540-955-5140 during normal operating hours. Be sure to have your registration information and credit card information accessible at the time that you call.

FAX IN - for 24-hour service, you can fax your registration form with *credit card information to 540-955-4049.

***NOTE** - A credit card service company will assess a small convenience fee to your credit card statement. Fees vary according to the charge amount. Please call us at 955-5140 for the fee schedule.

Fees

Payment must accompany registration. A \$20 fee is charged for returned checks.

Refunds

Refunds will be given for medical reasons only and must be requested one week prior to the class-start date. A \$5.00 administrative fee will be charged for all refunds. Class credits will be issued for cancellations less than one week prior to the class-start date for medical reasons only. If the P&R Department cancels a program, a full refund will be processed.

Cancellations

We reserve the right to cancel a program due to insufficient enrollment. It requires a certain number of individuals to justify holding a program and if that minimum is not reached, the course is cancelled. **Programs not meeting minimum enrollment three days prior to class start date will be cancelled. PLEASE REGISTER EARLY.**

Inclement Weather

In the event of inclement weather, cancellations will be announced on local radio stations. If programs are cancelled, every attempt will be made to reschedule the program.

Accommodations

CCPR is committed to providing recreation for all persons. Every reasonable effort will be made to provide accommodations based on individual need. Please contact us prior to the program's start date for assistance. If assistance is needed for the hearing impaired please call Virginia Relay Center at 1-800-828-1140.

**We are updating our records.
Please keep us informed of any changes
to your household information**

**All programs are held at the
Clarke County Park
unless otherwise noted.**

HOUSEHOLD REGISTRATION

PLEASE PRINT:

PRIMARY HOUSEHOLDER (Last Name) _____ (First) _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

HOME PHONE _____ WORK PHONE _____ E-mail Address _____

☐ MALE ☐ FEMALE DATE OF BIRTH _____

SECONDARY HOUSEHOLDER (Last Name) _____ (First) _____

WORK PHONE _____ E-mail Address _____ ☐ MALE ☐ FEMALE DOB _____

EMERGENCY CONTACT PERSON _____ PHONE _____

(Other than someone in your household)

Participant Name (Last, First)	Date of Birth	Sex (M/F)	Activity Code							Session	Program Name	Fee
Sample, John	9/17/92	M	2	2	0	2	0	5	A	2	Children's Pottery	\$30
TOTAL												

IF PAYING BY CREDIT CARD PLEASE COMPLETE THE FOLLOWING:

☐ Visa ☐ MC ☐ Amex ☐ Discover

Exp. Date _____ Card # _____

Signature _____

for office use only

FEE _____ ☐ CASH ☐ CHECK ☐ CREDIT CARD

DATE RECEIVED: _____ RECEIVED BY: _____

MAKE CHECKS PAYABLE TO "CCPR"